

February

High School

2024



BREAKFAST: Student: \$2.25 • Adult: a la carte

LUNCH: Student: \$3.55 • Reduced: \$0.40 • Adult: \$5.00

BREAKFAST: Toast or Pop Tart & Cereal offered daily. Includes choice of milk. **LUNCH:** Includes entrée, vegetable, fruit & choice of milk.

<p>5 BREAKFAST Apple Cinnamon Texas Toast OR Pop Tart & Cereal Craisins Fruit Juice</p> <p>LUNCH Beef/Cheese Nachos OR Hot/Spicy Chicken Sandwich OR Strawberry Yogurt Parfait w/ Muffin French Fries Refried Beans Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>6 BREAKFAST Pancakes w/ Scrambled Eggs OR Toast & Cereal Raisels, Fruit Juice</p> <p>LUNCH Hamburger/ Cheeseburger OR Fiesta Pizza OR Grilled Cheese Sandwich OR Crispy Chicken Caesar Salad French Fries Crinkle Cut Carrots Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>7 BREAKFAST Pull-Apart Donut OR Toast & Cereal Craisins, Fruit Juice</p> <p>LUNCH Chicken Tenders OR Steak Fingers Wheat Roll OR Italian Sub Sandwich OR Blueberry Yogurt Parfait w/ Muffin Mashed Potatoes w/Cream Gravy Green Beans Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>8 BREAKFAST Beef Sausage on Hawaiian Roll OR Pop Tart & Cereal Raisels, Fruit Juice</p> <p>LUNCH Beef Lasagna OR Crispy Chicken Drumsticks Garlic Toast OR Mandarin Orange Yogurt Parfait w/ Muffin Bahamas Blend Whole Kernel Corn Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>9 BREAKFAST Mini French Toast Bites OR Toast & Cereal Craisins Fruit Juice</p> <p>LUNCH Pepperoni Pizza/ Cheese Pizza OR Fish Sandwich OR Crispy Chicken Wrap Steamed Broccoli French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>
<p>12 BREAKFAST Bagel Filled w/ Cream Cheese OR Pop Tart & Cereal Craisins Fruit Juice</p> <p>LUNCH Chicken Alfredo w/ Garlic Toast OR Beef BBQ Rib Sandwich OR Strawberry Yogurt Parfait w/ Muffin French Fries Steamed Broccoli Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>13 BREAKFAST Glazed Donut & String Cheese OR Toast & Cereal Raisels Fruit Juice</p> <p>LUNCH Soft Beef Tacos w/ Mexican Rice OR Hot/Spicy Chicken Sandwich OR Fruit & Cheese Plate w/ Muffin Corn on the Cob Ranch Beans Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>14 BREAKFAST Mini Cinnis OR Toast & Cereal Craisins, Fruit Juice</p> <p>LUNCH Chicken Tenders OR Chicken Fried Steak Wheat Roll OR Cheese Bites w/ Marinara Dip Mashed Potatoes w/Cream Gravy Green Beans Fresh Vegetable of the Day Fruit Cup Fruit Juice Valentine's Treat</p>	<p>15 BREAKFAST Chicken -n- Waffles OR Toast & Cereal Raisels, Fruit Juice</p> <p><i>Early Release</i></p> <p>LUNCH Crispy Chicken Sandwich OR Grilled Cheese Sandwich Baked Chips Baby Carrots Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>16 BREAKFAST Biscuit & Sausage w/ Cream Gravy OR Pop Tart & Cereal Craisins Fruit Juice</p> <p><i>Early Release</i></p> <p>LUNCH Hamburger/ Cheeseburger OR Grilled Cheese Sandwich Baked Chips Baby Carrots Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>

*Contains Pork

Fresh fruit offered daily

Menu Subject to change due to product availability

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20 BREAKFAST
Mini Pancakes
Bites
OR
Pop Tart & Cereal
Raisels
Fruit Juice

LUNCH
Hamburger/
Cheeseburger
OR
Pepperoni Rippers/
Cheese Rippers
OR
Strawberry Yogurt
Parfait w/ Muffin
French Fries
Baked Beans
Fresh Vegetable
of the Day
Fruit Cup
Fruit Juice

21 BREAKFAST
Cinnamon Roll &
String Cheese
OR
Toast & Cereal
Craisins, Fruit Juice

LUNCH
Chicken Nuggets
OR
Chicken Fried Steak
Wheat Roll
OR
Cold Cut Sub Sand.
OR
Fruit & Cheese
Plate w/ Muffin
Mashed Potatoes
w/ Cream Gravy
Green Beans
Fresh Vegetable
of the Day
Fruit Cup, Fruit Juice

22 BREAKFAST
*Breakfast Taco
w/ Bacon & Eggs
and Tater Tots
OR
Pop Tart & Cereal
Raisels, Fruit Juice

LUNCH
Spaghetti
w/ Meat Sauce
OR
Roasted BBQ
Chicken Drumsticks
Garlic Roll
OR
Grilled Cheese
Sandwich
Steamed Broccoli
French Fries
Fresh Vegetable
of the Day
Fruit Cup, Fruit Juice

23 BREAKFAST
Waffles w/
Strawberries
& Cream
OR
Pop Tart & Cereal
Craisins, Fruit Juice

LUNCH
Pepperoni Pizza/
Cheese Pizza
OR
Chili Frito Pie
w/ Wheat Roll
OR
Crispy Buffalo
Chicken Wrap
French Fries
Whole Kernel Corn
Fresh Vegetable
of the Day
Fruit Cup
Fruit Juice

26 BREAKFAST
Breakfast
Pizza
OR
Pop Tart & Cereal
Craisins
Fruit Juice

LUNCH
Beef/Cheese
Nachos
OR
Hot/Spicy Chicken
Sandwich
OR
Blueberry Yogurt
Parfait w/ Muffin
Refried Beans
French Fries
Fresh Vegetable
of the Day
Fruit Cup
Fruit Juice

27 BREAKFAST
Chicken Biscuit
Sandwich
OR
Pop Tart & Cereal
Raisels
Fruit Juice

LUNCH
Hamburger/
Cheeseburger
OR
Macaroni & Cheese
w/ Fish Nuggets
and Wheat Roll
OR
Crispy Chicken Salad
French Fries
California Blend
Fresh Vegetable
of the Day
Fruit Cup
Fruit Juice

28 BREAKFAST
Glazed Donut w/
String Cheese
OR
Toast & Cereal
Craisins, Fruit Juice

LUNCH
Oven Roasted
Turkey
OR
Steak Fingers
Wheat Roll
OR
Grilled Cheese
Sandwich
Mashed Potatoes
w/ Cream Gravy
Green Beans
Fresh Vegetable
of the Day
Fruit Cup
Fruit Juice

29 BREAKFAST
Pancakes w/
Scrambled Eggs
OR
Toast & Cereal
Raisels
Fruit Juice

LUNCH
*Pepperoni Calzone/
Cheese Calzone
OR
Crispy Chicken
Sandwich
OR
*Turkey Club
Sub Sandwich
Onion Rings
Corn on the Cob
Fresh Vegetable
of the Day
Fruit Cup
Fruit Juice

1 BREAKFAST
Fruit Filled
Frudel Strudel
OR
Toast & Cereal
Craisins, Fruit Juice

LUNCH
Pepperoni Pizza/
Cheese Pizza
OR
Sweet/Sour Chicken
w/ Seasoned Rice
and Wheat Roll
OR
Italian Sub
Sandwich
French Fries
Steamed Broccoli
Fresh Vegetable
of the Day
Fruit Cup
Fruit Juice

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